

# SONGS FOR THE WANDERING MINDS

## Poems by Gaia Forghieri

### 1. Subside

Mind your silence  
This moment does not deserve  
To be ruined by silly words  
I'll listen to your breathing instead

Rest your head  
This night is not for thinking  
Nor is it for counting stars  
You'll have to count my freckles instead

Have sweet dreams  
This life of ours was never meant  
To be filled with sadness as it is  
We'll need to live it together instead

### 2. Relapse

I am nothing but a mass of expectations  
Or a cluster of emotions leading to my failures  
And I can't admit my thoughts to be monotonous  
And I can't express all the fears from within

I can't speak or equivalently so  
You can't hear, you cannot comprehend  
For our idioms collide and do not merge  
For our words do not mean the same thing

So I'm delusional hoping that  
You could respond that you could remove all  
My thoughts and concerns, my vicious regrets  
What I consider'd a shared expectation

I cannot save you although I've been trying  
So hard and it hurts and I can't help but imagine  
Your pain and your sorrow, the fear for tomorrow  
Which I stupidly thought were the same as mine

### 3. Superimpose

Color shifting palettes from a picture  
You'd taken ten years ago  
Shape shifting into the shadow of your future self  
Outlining a person that is not you  
Ain't that what living is all about

Are you positive that this is you  
And not a shiny reflection from a broken mirror?  
How many shards are you goin' to ignore  
For the need to believe that you've found yourself?  
For how long are you willing to refuse  
Our absolute undecidedness?

### 4. Disclose

What is a life in a world of fiction,  
What if our reasons don't matter at all?  
Why are we happy, and why are we sad  
When we could just smile enjoying the dance.

What if my eyes are just here to deceive me,  
Would I be wrong to deny what I see?  
But you'd just blame me for trying to convince you,  
Cause shadows are cozy and reality's ice cold.

No uneasy feelings nor reasons to ponder.  
Can I go crazy or should I surrender  
To all that's unspoken and all aberrations,  
a sad satisfaction, a happy pretence?

If there's no lexicon for how to live,  
how can you teach me how to experience existence?  
How was I meant to fulfill what's my destiny,  
If we say there's a path while declaring we're free?

### 5. Deceive

How can I know if I love you  
Why is it hard to convey  
That I miss you  
And I want you  
And we fall apart as I speak

How can I love you  
I want to have you forever and be where you are  
But it's maybe obsession  
It's a passion  
I won't act on as a mercy

I cannot love you and it's the only thing that I want  
I hate to be apart and I hate how I struggle  
You make me struggle and I love that about you  
I hate myself so much that I can't love you  
I hate you so much I can't help but to love you

And you confuse me and I misguide you  
And I forget all the pain we lived through  
And you ignore all the fears I trusted upon you  
And we love all the men'ries we lose

## 6. Readjust

Finding the right word is unacceptable desire  
This conscience has no business with recalling its denials  
Intricate realities and radical insanities  
As if it had lost all its thoughts and rationality

Finding what to say is an insatiable corruption  
In order to realign all perceivable reactions  
And ordering idioms from my mind is a distraction  
From wandering around in this topic of discussion

Silence from a room that never could have seen it  
Lullabies around us but they're only made of noises  
And hearing the disrupting commotion of the symphony  
Causes us to perish with the ending of the melody

However as we listen to the cackling of the night  
The music of a mem'ry comes back for our delight.  
We find ourself condoning this life made of cacophonies  
As long as we could hear it, as long as we could sing it.

## 7. Elevate

Dream of whatever you dare not to wish for  
Hope for that something you never will earn  
Karma's just something us people invented  
To make us feel guilty, to excuse the remorse.

Reach for the sky but never too high  
Screw that, don't worry of your wings falling off  
Space is not warm, wax overrated  
Build them with fears that you've temper'd in ice.

Settling is easy, a cozy sensation  
They taught you to be satisfied  
Whishing for more was a damning temptation  
But that must not stop you from trying

## 8. Devote

We were deafened by silence and the sound of a whisper  
We listened to music the same way we talked  
And we kept all our secrets in dark lullabies  
While we waited for stanzas and verses and rhymes

Cause sometimes a song is just mad silly words  
That manage to pull the strings of your heart  
We harmonize feelings to match with our voices  
And try to remember what it means to be alive

Singing is screaming with melody and tones  
And the insanity of fears that we cannot ignore  
Overwhelms us, and pushes us deeper in silence  
And brings us no more than the dread of existence

We make up excuses and intricate rituals  
To talk to each other to hear one another  
Yet whispering noises of loneliness helps  
And I'll try to listen if you call for help

## 9. Subside (Finale)

Stay with me  
These thoughts are not for sharing  
The things we love won't last forever  
we'll try to survive this together instead